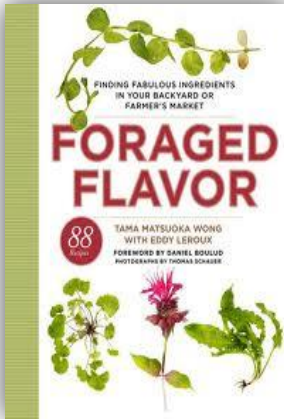


Check These Out!

Selected Resources from the Herb Society of America Library

April 2013 – Violets

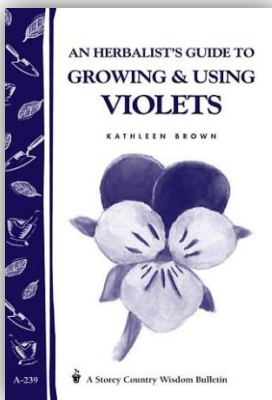


Wong, Tama Matsuoka and Leroux, Eddy. *Foraged Flavor: Finding Fabulous Ingredients in your Backyard or Farmer's Market*. New York: Clarkson Potter, 2012.

“*Foraged Flavor* isn’t just a collection of gourmet recipes recipes for weeds and other unappreciated plants ... It matches distinctive, variously, nutty, tart, sour, hot, minty tastes of these wild hers—for a weed, after all, is just a plant we don’t like—with their soul mates (ginger or mustard or pine nuts).”

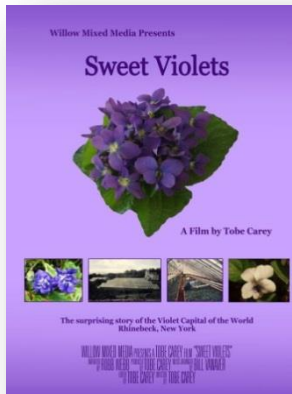
—*The New York Times*

Book trailer can be viewed [here](#).



Brown, Kathleen. *An Herbalist's Guide to Growing and Using Violets*. Pownal, VT: Storey, 1999.

From the Storey Country Wisdoms Bulletin series, Kathleen Brown offers information and tips on the growth, care and maintenance of violets and other Violas, as well as medicinal properties of some species. Herbal remedies and recipes using violets follow.



Carey, Tobe. *Sweet Violets*. Glenford, NY, 2012.

Historical documentary describing the booming violet industry of the early 1900s, particularly in Dutchess County and Rhinebeck, NY, and the industry's wane when fashions and costs changed.

Check out the trailer [here](#).