

STATE	BOTANICAL NAME	COMMON NAME	Medicinal	Food/Flavor	Industrial	Household/ Cosmetic
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**NOTE: Many of these plants have been found to be poisonous. Do not use any of these plants without checking their toxicity.**

**Many of the plants listed with a food/flavoring use have since been found to be toxic. Please check current status before using.**

**OHIO**

<i>Actaea racemosa</i>	black cohosh	x				
<i>Allium tricoccum</i>	ramps, wild leek	x		x		
<i>Apios americana</i>	groundnut			x		
<i>Asarum canadense</i>	wild ginger	x		x		
<i>Asimina triloba</i>	pawpaw	x		x		
<i>Baptisa australis</i>	baptisia	x				x
<i>Claytonia virginica</i>	spring beautiy	x		x		
<i>Collinsonia canadensis</i>	stoneroot	x				
<i>Cornus canadensis</i>	bunchberry	x		x		x
<i>Cunila origanoides</i>	stonemint, common dittany	x		x		
<i>Echinacea angustifolia</i>	narrow-leaved purple coneflower	x				
<i>Echinacea purpurea</i>	purple coneflower	x				
<i>Erythronium americanum</i>	yellow trout lily	x				
<i>Fragaria vesca</i>	alpine strawberry	x		x		x
<i>Gaultheria procumbens</i>	wintergreen, eastern teaberry	x		x		x
<i>Helianthus tuberosus</i>	Jersulem artichoke, sunchoke			x		
<i>Heuchera villosa</i>	Alumroot	x				
<i>Hydrastic canadensis</i>	goldenseal	x				
<i>Iris cristata</i>	crested iris	x				
<i>Lindera benzoin</i>	spicebush	x		x		x
<i>Lobelia inflata</i>	Indian tobacco	x				x
<i>Monarda didyma</i>	beebalm			x		

<i>Opuntia humifusa</i>	prickly pear cactus		x	
<i>Passiflora incarnata</i>	passion vine	x	x	
<i>Physalis grisea</i>	ground cherry		x	
<i>Pycnanthemum virginianum; P. muticum</i>	mountain mints	x	x	
<i>Rhus</i> spp.	sumac	x	x	
	broadleaf arrowhead, duck			
<i>Sagittaria latifolia</i>	potato	x	x	x
<i>Salix</i> spp.	willows	x		x
<i>Sambucus canadensis</i>	elderberry	x	x	
<i>Sanguisorba canadensis</i>	American burnet		x	
	mad dog skullcap; hoary			
<i>Scutellaria lateriflora; S. incana</i>	skullcap	x		
<i>Typha latifolia</i>	broad-leaf cattail		x	x
<i>Viola</i> spp.	violets	x	x	x
<i>Xanthorrhiza simplicissima</i>	yellowroot	x	x	