

STATE	BOTANICAL NAME	COMMON NAME	Medicinal	Food/Flavor	Industrial	Household/ Cosmetic
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**NOTE: Many of these plants have been found to be poisonous. Do not use any of these plants without checking their toxicity.**

**Many of the plants listed with a food/flavoring use have since been found to be toxic. Please check current status before using.**

**PENNSYLVANIA - Blue Mountain region**

<i>Aralia racemosa</i>	American spikenard	x				
<i>Actaea racemosa</i>	black cohosh	x				
<i>Baptisia tinctoria</i>	false indigo	x				
<i>Echinacea purpurea</i>	purple coneflower	x				
<i>Eupatorium perfoliatum</i>	boneset	x				
<i>Geranium maculatum</i>	wild geranium	x				
<i>Hamamelis virginiana</i>	witch hazel	x				
<i>Lobelia siphilitica</i>	blue lobelia	x				
<i>Monarda fistulosa</i>	wild bergamot	x				
<i>Panax quinquefolius</i>	American ginseng	x				
<i>Podophyllum peltatum</i>	mayapple	x				
<i>Sanguinaria canadensis</i>	bloodroot	x				x
<i>Scutellaria lateriflora</i>	blue skullcap	x				
<i>Veratrum viride</i>	green false hellebore	x				

**PENNSYLVANIA - South Central**

<i>Achillea millefolium</i>	yarrow	x	x			x
<i>Sambucus nigra</i>	elder	x	x	x		x
<i>Viola spp.</i>	violet	x	x			x
<i>Asimina triloba</i>	pawpaw		x			x
<i>Diospyros virginiana</i>	persimmon	x	x			
<i>Stellaria pubera</i>	star chickweed		x			

<i>Rubus occidentalis</i>	black raspberry			
<i>Verbena hastata</i>	blue vervain	x		
<i>Eutrochium pupureum</i>	Joe Pye weed	x	x	x
<i>Symphotrichum novae-angliae</i>	New England aster	x		
<i>Prunella vulgaris</i>	heal all	x	x	