

STATE	BOTANICAL NAME	COMMON NAME	Medicinal	Food/Flavor	Industrial	Household/ Cosmetic
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**NOTE: Many of these plants have been found to be poisonous. Do not use any of these plants without checking their toxicity.**  
**Many of the plants listed with a food/flavoring use have since been found to be toxic. Please check current status before using.**

**NORTH CAROLINA**

<i>Acer saccharum</i>	sugar maple	x	x			x
<i>Achillea millefolium</i>	yarrow	x		x		x
<i>Allium cernuum</i>	nodding onion			x		
<i>Angelica atropurpurea</i>	purplestem angelica	x				
<i>Betula lenta</i>	black birch	x		x		x
<i>Cunila origanoides</i>	common dittany	x		x		
<i>Gaultheria procumbens</i>	wintergreen	x		x		x
<i>Gleditsia triacanthos</i>	honey locust	x		x		x
<i>Hydrastis canadensis</i>	goldenseal	x				
<i>Juniperus communis</i>	juniper	x		x		x
<i>Lindera benzoin</i>	spicebush	x		x		
<i>Myrica gale</i>	sweetgale	x		x	x	x
<i>Panax quinquefolius</i>	ginseng	x				
<i>Persea borbonia</i>	redbay	x		x		x
<i>Rhus glabra</i>	smooth sumac	x		x		x
<i>Sanguinaria canadensis</i>	bloodroot	x				x
<i>Sassafras albidum</i>	sassafras	x		x		x
<i>Solidago odora</i>	anise-scented goldenrod	x		x		
<i>Thuja occidentalis</i>	arborvitae	x		x		x
<i>Typha domingensis</i>	cattail			x		x

