

STATE	BOTANICAL NAME	COMMON NAME	Medicinal	Food/Flavor	Industrial	Household/ Cosmetic
<b>NOTE:</b> Many of these plants have been found to be poisonous. Do not use any of these plants without checking their toxicity. Many of the plants listed with a food/flavoring use have since been found to be toxic. Please check current status before using.						

#### NEW YORK - WESTERN

##### GROUNDCOVERS:

*Anemone canadensis*

anemone

x

*Asarum canadense*

wild ginger

x

x

*Cornus canadensis*

bunchberry

x

x

x

*Gaultheria procumbens*

teaberry

x

x

x

*Podophyllum peltatum*

mayapple

x

x

*Tiarella cordifolia*

foam flower

x

##### PERENNIALS:

*Aralia racemosa*

American spikenard

x

x

x

*Arisaema triphyllum*

Jack-in-the-pulpit

x

x

*Asclepias tuberosa*

butterfly weed

x

*Desmodium canadense*

showy tick trefoil

x

*Echinacea purpurea*

purple coneflower

x

*Eutrochium maculatum*

spotted joe-pye-weed

x

*Eupatorium perfoliatum*

boneset

x

*Filipendula rubra*

Queen of the prairie

x

*Geranium maculatum*

wild geranium

x

*iris versicolor*

blue flag iris

x

x

*Liatris pycnostachya*

prairie blazing star

x

*Lobelia cardinalis*

cardinal flower

x

*Lobelia siphilitica*

great blue lobelia

x

*Maianthemum canadense*

false lily of the valley

x

*Monarda fistulosa*

wild bergamot

x

<i>Penstemon digitalis</i>	foxglove beardtongue	x		
<i>Phlox paniculata</i>	fall phlox	x		
<i>Polygonatum biflorum</i>	Solomon's seal	x	x	x
<i>Rudbeckia fulgida</i>	eastern coneflower	x		
<i>Sedum ternatum</i>	stonecrop	x		
<i>Solidago rugosa</i>	wrinkle-leaf goldenrod	x		
<i>Sympphyotrichum nova-angliae</i>	New England aster	x		
<b>GRASSES</b>				
<i>Andropogon gerardii</i>	big bluestem	x		x
<i>Andropogon virginicus</i>	broomsedge	x		
<i>Bouteloua curtipendula</i>	side oats gamma		x	
<i>Calamagrostis canadensis</i>	blue joint grass			x
<i>Chasmanthium latifolium</i>	inland sea oats		x	
<i>Elymus canadensis</i>	Canada wild rye	x	x	
<b>SHRUBS</b>				
<i>Aronia melanocarpa</i>	black chokeberry	x	x	
<i>Cephalanthus occidentalis</i>	buttonbush	x		
<i>Cornus racemosa</i>	grey dogwood	x		x
<i>Cornus sericea</i>	redosier dogwood	x	x	x
<i>Hamamelis virginiana</i>	witch hazel	x		
<i>Hypericum kalmianum</i>	St. John's wort	x		
<i>Lindera benzoin</i>	spicebush	x	x	x
<i>Morella pensylvanica</i>	northern bayberry	x		
<i>Physocarpus opulifolius</i>	ninebark	x		
<i>Prunus virginiana</i>	chokecherry	x	x	x
<i>Rhus typhina</i>	staghorn sumac	x	x	
<i>Sambucus canadensis</i>	elderberry	x	x	x
<i>Viburnum lentago</i>	nannyberry	x	x	
<i>Viburnum trilobum</i>	American cranberry bush	x	x	
<b>TREES</b>				
<i>Acer rubrum</i>	red maple	x	x	x

<i>Amelanchier canadensis</i>	serviceberry	x	x	x
<i>Asimina triloba</i>	pawpaw		x	
<i>Betula nigra</i>	river birch	x		
<i>Carpinus caroliniana</i>	American hornbeam	x		
<i>Celtis occidentalis</i>	hackberry	x	x	
<i>Cercis canadensis</i>	eastern redbud	x	x	x
<i>Cornus florida</i>	flowering dogwood	x		
<i>Fagus grandifolia</i>	American beech	x	x	x
<i>Larix laricina</i>	American larch	x	x	x
<i>Liriodendron tulipifera</i>	tulip tree	x	x	x
<i>Ostrya virginiana</i>	hop hornbeam	x		x
<i>Pinus strobus</i>	eastern white pine	x	x	x
<i>Quercus bicolor</i>	swamp white oak	x	x	
<i>Quercus palustris</i>	willow oak	x		x
<i>Tilia americana</i>	American basswood	x	x	x
<i>Thuja occidentalis</i>	arborvitae	x	x	x
<i>Tsuga canadensis</i>	Eastern hemlock	x	x	x
<b>VINES</b>				
<i>Aristolochia macrophylla</i>	Dutchman's pipe	x		
<i>Campsis radicans</i>	trumpet creeper	x		
<i>Lonicera sempervirens</i>	trumpet honeysuckle	x		
<i>Parthenocissus quinquefolia</i>	Virginia creeper	x	x	x
<i>Vitis labrusca</i>	fox grape	x	x	
<i>Wisteria frutescens</i>	American wisteria		x	