

STATE	BOTANICAL NAME	COMMON NAME	Medicinal	Food/Flavor	Industrial	Household/ Cosmetic
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NOTE: Many of these plants have been found to be poisonous. Do not use any of these plants without checking their toxicity.
Many of the plants listed with a food/flavoring use have since been found to be toxic. Please check current status before using.

TEXAS

<i>Achillea millefolium</i>	yarrow	x	x		x
<i>Adiantum capillus-veneris</i>	maidenhair fern	x			
<i>Agave lechuguilla</i>	lechuguilla				x
<i>Argemone albiflora</i>	bluestem prickly poppy	x			
<i>Asclepias tuberosa</i>	butterfly weed	x			
<i>Capsella bursa-pastoris</i>	shepherd's purse	x	x		
<i>Chenopodium ambrosioides</i>	epazote	x			
<i>Echinacea purpurea</i>	purple coneflower	x			
<i>Helianthus annuus</i>	sunflower	x	x		x
<i>Ilex vomitoria</i>	yaupon	x			
<i>Lepidium virginicum</i>	peppergrass	x	x		
<i>Lippia graveolens</i>	Mexican oregano	x	x		
<i>Malpighia glabra</i>	Barbados cherry	x			
<i>Monarda citriodora</i>	horsemint		x		
<i>Oenothera biennis</i>	evening primrose	x	x		
<i>Opuntia spp.</i>	prickly pear cactus			x	
<i>Passiflora incarnata</i>	passionflower	x	x		
<i>Persea borbonia</i>	redbay	x	x		
<i>Phytolacca americana</i>	pokeweed	x	x		x
<i>Prosopis glandulosa</i>	mesquite	x	x		x
<i>Prunella vulgaris</i>	selfheal	x	x		
<i>Salix nigra</i>	black willow	x			x
<i>Sambucus canadensis</i>	elderberry	x	x		x

<i>Sapindus saponaria</i> var. <i>drummondii</i>	western soapberry			x
<i>Sassafras albidum</i>	sassafras	x	x	x
<i>Solidago odora</i>	sweet goldenrod	x	x	
<i>Ulmus rubra</i>	slippery elm	x	x	x
<i>Yucca</i> spp.	yucca	x	x	x
<i>Zanthoxylum clava-herculis</i>	prickly ash, Hercules club	x		