

STATE	BOTANICAL NAME	COMMON NAME	Medicinal	Food/Flavor	Industrial	Household/ Cosmetic
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NOTE: Many of these plants have been found to be poisonous. Do not use any of these plants without checking their toxicity.
Many of the plants listed with a food/flavoring use have since been found to be toxic. Please check current status before using.

NEW MEXICO - Mid to High Desert areas

<i>Aloysia wrightii</i>	oreganillo, Wright's beebrush	x	x			
<i>Amorpha fructosa</i>	false-indigo, indigo-bush					x
<i>Anemopsis californica</i>	yerba mansa, yerba del manso	x	x			
<i>Arbutus texana</i>	Texas madrone			x		
<i>Artemisia filifolia</i>	sand sagebrush	x				x
	western mugwort, prairie					
<i>Artemisia ludoviciana</i>	sagebrush	x	x			x
<i>Asclepias asperula</i>	spider milkweed	x	x			
<i>Asclepias latifolia</i>	broadleaf milkweed	x				
<i>Asclepias subverticillata</i>	horsetail milkweed	x	x			x
<i>Asclepias tuberosa</i>	pleurisy root, butterfly weed	x				x
<i>Atriplex canescens</i>	fourwing saltbush	x	x			x
<i>Baccharis salicifolia</i>	seepwillow	x	x			x
<i>Berberis haematocarpa (Mahonia haematocarpa)</i>	algerita, red barberry	x	x			x
<i>Berlandiera lyrata</i>	chocolate flower	x	x			
<i>Bouteloua gracilis</i>	blue grama	x	x			x
<i>Calylophus hartwegii ssp. fendleri</i>	Fendler's sundrops	x				
<i>Cercocarpus montanus</i>	mountain-mahogany	x	x			x
<i>Chilopsis linearis</i>	desert-willow			x		x
<i>Cucurbita foetidissima</i>	buffalo gourd	x	x			x
<i>Dasyliirion wheeleri</i>	sotol, desert spoon			x		x
<i>Echinacea angustifolia</i>	purple coneflower, echinacea	x				

<i>Ephedra viridis</i>	mormon-tea, joint-fir	x	x		x
<i>Ericameria nauseosa</i> (<i>Chrysothamnus nauseosus</i>)	rubber rabbitbrush, chamisa	x	x		x
<i>Fallugia paradoxa</i>	Apache plume	x			x
<i>Forestiera pubescens</i> (<i>F. neomexicana</i>)	New Mexico-privet, desert-olive	x	x		x
<i>Gaillardia pulchella</i>	firewheel, indian blanket				x
<i>Gutierrezia sarothrae</i>	broom snakeweed	x			
<i>Krascheninnikovia lanata</i> (<i>Ceratoides lanata</i>)	winterfat	x			
<i>Linum lewisii</i>	blue flax	x	x	x	x
<i>Lycium pallidum</i>	pale wolfberry	x	x		x
<i>Mirabilis multiflora</i>	desert four o'clock	x	x		x
<i>Monarda citriodora</i>	beebalm, lemon-mint		x		
<i>Monarda pectinata</i>	spotted beebalm	x	x		
<i>Nolina microcarpa</i>	beargrass, sacahuista	x	x		x
<i>Oenothera caespitosa</i>	white tufted evening-primrose	x			
<i>Oenothera speciosa</i>	Mexican evening-primrose	x			
<i>Opuntia engelmannii</i>	Engelmann's prickly-pear	x	x		
<i>Pectis angustifolia</i>	limoncello	x	x		
<i>Pectis papposa</i>	limoncello, chinchweed	x	x		x
<i>Penstemon ambiguus</i>	sand penstemon	x			x
<i>Penstemon fendleri</i>	Fendler's penstemon	x			
<i>Penstemon palmeri</i>	Palmer's penstemon	x			
<i>Peritoma serrulata</i> (<i>Cleome serrulata</i>)	Rocky Mountain beeplant	x	x		x
<i>Poliomintha incana</i>	hoary rosemarymint	x	x		
<i>Prosopis pubescens</i>	screwbean mesquite	x	x		x
<i>Psilostrophe tagetina</i>	paperflower	x			x
<i>Quercus emoryi</i>	Emory oak		x		
<i>Ratibida columnifera</i>	Mexican hat	x	x		x
<i>Rhus aromatica</i> var. <i>trilobata</i> (<i>Rhus trilobata</i>)	lemonade berry, three-leaf sumac	x	x		x
<i>Ribes aureum</i>	golden currant	x	x		
<i>Ribes cereum</i>	wax currant	x	x		x
<i>Salix gooddingii</i>	Goodding's willow, black willow	x	x		x

<i>Sapindus saponaria</i>	soapberry			X
<i>Senecio</i> spp.	groundsel	X	X	
<i>Thelosperma megapotamicum</i>	Navajo-tea, greenthread	X	X	X
<i>Vachellia constricta</i> (<i>Acacia constricta</i>)	whitethorn			X
	golden crownbeard, añil del			
<i>Verbesina encelioides</i>	muerto	X		
<i>Vitis arizonica</i>	canyon grape	X	X	X
<i>Yucca baccata</i>	banana yucca	X	X	X
<i>Yucca elata</i>	soaptree yucca	X	X	X
<i>Yucca glauca</i>	small soaptree yucca	X	X	X
<i>Zinnia grandiflora</i>	Rocky Mountain zinnia	X		X